

Adair County Employee Newsletter August 2012

(If I've missed anyone, I'm so sorry....please just let me know so I can have the info. next time.☺)

Anniversaries:

John Axsom, Sheriff's office, 7 years
Kirby Bailey, Road and Bridge, 10 years
Celesta Boltz, Mapping office, 14 years
Melvin Bradshaw, Assessor's office, 4 years
Brad Broadwell, Sheriff's office, 3 years
Linda Gentry, Circuit Court, 11 years
Cody Goodwin, Sheriff's office, 2 years
David Goring, Pros. Attorney's office, 1 year
Sonja Harden, County Clerk's office, 3 years
Craig Hogg, Drug Court counselor, 3 years
Matt Holt, Juvenile Center Director, 10 years
Carl Knoche, Sheriff's office, 2 years
Kelly Koenig, Sheriff's office, 6 years
Betty Powell, County Clerk's office, 1 year
Kristin Toney, Drug Court Counselor, 1 year
Scott Vanwye, Road and Bridge, 10 years

Oops! Last month I neglected to put Jason Lene down for his 15th anniversary. Jason is with the Sheriff's Dept. Sorry about that Jason. ☺

Happy Birthday!

Patrick Blackwell, Sheriff's office, 8/4
Sonia Campbell, Sheriff's office, 8/21
Martha Cole, Circuit Court, 8/31
Clifton Engle, Road and Bridge, 8/13
Melissa Hocker, Sheriff's office, 8/19
Kim Kriegel, Maintenance, 8/3
Joe Nicol, Maintenance, 8/30
Dale Standfuss, Maintenance, 8/10
Mary Walitshek, Assessor's Office, 8/30
Matt Wilson, Pros. Attorney, 8/7

Oops! I left out David Goring (Asst. Pros. Atty) for last month's birthdays. David celebrated a birthday on July 22. Sorry about that David. ☺

Welcome New Employees!

Jessica Sorenson, County Clerk's office
OSteve Lowrey, Sheriff's office (glad to have you back, Steve!)

County Events

8/3-5th- Battle of Kirksville 150th Anniversary Commemoration and Reenactment
8/5- Broadway in the Park and Curtain Call Theatre presents "Our American Cousin", 2pm @Rotary Park Theatre
8/10- Chamber of Commerce Golf Tournament
8/11- Dollar Day Swim, 12pm Kirksville Aquatic Center
8/15- Kirksville and Brashear school start (YES!!!!) ☺
8/18- Doggie Luau 12pm, Brashear Park Wading Pool
8/20- MACC classes begin
8/23- Truman classes begin
8/24- United Way Golf Tournament
8/25- Movie in the park "Ferris Bueller's Day Off", Rotary Park

More information on any of these events can be given by the Chamber of Commerce, 665-3766 or the City of Kirksville at 627-1224.



Recipes:

Baked Sweet and Sour Chicken

The chicken coating:

3-4 boneless chicken breasts
salt + pepper
1 cup cornstarch
2 eggs, beaten
1/4 cup canola oil

The sweet and sour sauce:

3/4 cup sugar
4 tbs ketchup
1/2 cup distilled white vinegar
1 tbs soy sauce
1 tsp garlic salt

Start by preheating your oven to 325 degrees. Rinse your chicken breasts in water and then cut into cubes. Season with salt and pepper to taste. Dip chicken into the cornstarch to coat then dip into the eggs. Heat your 1/4 cup oil in a large skillet and cook your chicken until browned but not cooked through. Place the chicken in a 9x13 greased baking dish. Mix all of your sweet and sour sauce ingredients in a bowl with a whisk and then pour evenly over the

chicken. Bake for one hour and during the baking process you will need to turn the chicken every 15 minutes.

Fried Rice

3 cups cooked white rice (day old or leftover rice works best!)
3 tbs sesame oil
1 cup frozen peas and carrots (thawed)
1 small onion, chopped
2 tsp minced garlic
2 eggs, slightly beaten
1/4 cup soy sauce

On medium high heat, heat the oil in a large skillet or wok. Add the peas/carrots mix, onion and garlic. Stir fry until tender. Lower the heat to medium low and push the mixture off to one side, then pour your eggs on the other side of skillet and stir fry until scrambled. Now add the rice and soy sauce and blend all together well. Stir fry until thoroughly heated!

Crab Rangoons

6oz. of crab meat (you can definitely substitute imitation crab here to save \$)
1 pkg of Philadelphia Cream Cheese
3 green onions
1 pkg of wontons (found in your produce aisle)
egg wash
peanut oil (you can fry them in vegetable but peanut oil really adds to the flavoring and is used in most Asian frying)

Heat about 2 inches of peanut oil on medium high. Chop green onions, coarsely chop crab meat and combine well with cream cheese.

Lay out wonton wrappers and place about a tablespoon of mixture in the center. Brush egg wash along all four edges. Here's the kicker, some places will just fold in half

(diagonally) and call it a day. I've found that these tend to become oily and they don't give you the nice, crispy bite that compliments the creamy filling. So, take the tip of one edge and the tip of the edge diagonally across and pinch together. Take the other two edges and bring them up to meet the already pinched edges so you create a little square with the edges pinched up in the air.

Drop a few at a time (if you use a big frying pan and dump everything in at the same time you'll cause the oil temp to come down and they won't fry nicely) into the oil. The rangoon will float to the top after a minute, flip over when it's a nice golden brown. Fry on the other side for another minute and remove, placing on some paper towels to absorb oil. Total cooking time is only 2-3 minutes so stay nearby!

Makes about 30-40 rangoons.

Sopapilla Cheesecake

Ingredients:

- 2 cans Pillsbury butter crescent rolls
- 2 (8oz) packages cream cheese (softened)
- 1 cup sugar
- 1 teaspoon vanilla
- 1/4 cup butter (melted)
- Cinnamon & sugar

Instructions:

Unroll and spread 1 can crescent rolls on bottom of un-greased pan. Combine softened cream cheese, sugar, and vanilla. Spread mixture over crescent rolls. Unroll and spread remaining crescent rolls over mixture. Spread melted butter over the top and sprinkle with cinnamon and sugar. Bake at 350 degrees for 20-30 minutes.

Trivia Challenge #1

Whose birth certificate was auctioned in March 1997 in the U.S. for \$84,146., and believed to be the world's most expensive Birth Certificate?

- a) Paul McCartney
- b) Michael Jackson
- c) Princess Diana
- d) Babe Ruth

Trivia Challenge #2

"We really know our stuff," is an actual advertising slogan for a certain business of what occupation?

- a) Pillow making company
- b) Pizza Dough company
- c) Taxidermy
- d) On the office door of most federal politicians

Trivia Challenge #3

According to studies, what can shorten a man's life by 10 years?

- a) Being unmarried
- b) Being married
- c) Not stopping to ask for directions
- d) Not being able to find his socks
- e) b, c, and d

Trivia Challenge #4

When women are around men, what do they do less of?

- a) Nag
- b) talk
- c) eat
- d) drink

Trivia Answer #1: a

Trivia Answer #2: c

Trivia Answer#3: a (that's surprising)

Trivia Answer#4: c

Did you know that.....?

A shrimp's heart is in its head.

It's against the law to have a pet dog in Iceland

If you put two straws in your mouth, one inside a drink and one outside it, you won't be able to drink through either straw

A donkey will sink in quicksand but a mule won't

The drummer for the rock group Def Leppard only has one arm

Historically, sweat has been an active ingredient in perfume and love potions

More than 50% of the people in the world have never made or received a telephone call

If you toss a penny 10,000 times, it will not be heads 5,000 times, but more like 4,950. The heads picture weighs more, so it ends up on the bottom.

Cast iron skillet used to be the leading source of iron in the American diet!

The IRS employees tax manual has instructions for collecting taxes after a nuclear war. (of course it does)

Contrary to popular belief, lightning travels from the ground upwards not from the sky downwards.

In Quitman, Georgia, U.S., it is illegal for a chicken to cross the road. (I swear, I can't make this stuff up, people)

In Massachusetts, It is illegal to go to bed without first having a full bath. (There must be a bath patrol that comes around and checks? Ew. 'nuff said.

According to some estimates, Americans are sitting on \$30 billion worth of unredeemed gift cards.

Quotes:

“If you want to know what a man's like, take a good look at how he treats his inferiors, not his equals.” – J.K. Rowling

“The glory of great men should always be measured by the means they have used to acquire it”. - Francois de La Rochefoucauld

A person often meets his destiny on the road he took to avoid it. ~Jean de La Fontaine

Do not follow where the path may lead. Go, instead, where there is no path and leave a trail. ~Ralph Waldo Emerson

Something to Think About.....

There once was a little boy who had a bad temper. His father gave him a bag of nails and told him that every time he lost his temper, he must hammer a nail into the fence.

The first day the boy had driven 37 nails into the fence. Over the next few weeks as he learned to control his anger, the number of nails hammered daily, gradually dwindled down. He discovered it was easier to hold his temper than to drive those nails into the fence.

Finally the day came when the boy didn't lose his temper at all. He told his father

about it and the father suggested that the boy now pull out one nail for each day that he was able to hold his temper.

The days passed and the young boy was finally able to tell his father that all the nails were gone. The father took his son by the hand and led him to the fence. He said “you have done well, my son, but look at the holes in the fence. The fence will never be the same. When you say things in anger, they leave a scar just like this one.”

MORAL OF THE STORY:

You can put a knife in a man and draw it out. It won't matter how many times you say I'm sorry, the wound is still there. Make sure you control your temper the next time you are tempted to say something you will regret later.

It's OLYMPICS time!! Here are some interesting Olympics facts.....

The early Olympic Games were celebrated as a religious festival from 776 B.C. until 393 A.D., when the games were banned for being a pagan festival (the Olympics celebrated the Greek god Zeus). In 1894, a French educator Baron Pierre de Coubertin, proposed a revival of the ancient tradition, and thus the modern-day Olympic Summer Games were born

The five Olympic rings represent the five major regions of the world – Africa, the Americas, Asia, Europe and Oceania, and every national flag in the world includes one of the five colors, which are (from left to right) blue, yellow, black, green, and red

The first Olympics covered by U.S. television were the 1960 Summer Games in Rome by CBS.

Olympic Gold Medals are mostly made of silver. The London Games medals are the

biggest Olympic medals ever, weighing in at 400 grams. With gold selling at \$1,571 an ounce, an Olympic medal made of pure gold would cost upwards of \$20,000. The last gold medal made entirely out of gold was awarded in 1912.

Only three modern Olympic Games have been cancelled. The games were cancelled due to World War I (1916) and World War II (1940, 1944).

Athletes in the ancient Olympic Games competed in the nude. In fact, the word “gymnasium” comes from the Greek root “gymnos” meaning nude. As such, the literal translation of gymnasium is “school for naked exercise.”

Top 15 Inspirational Olympic Moments:

15. The Jamaican Bobsled Team, Calgary, 1988
14. Jayne Torvill and Christopher Dean, Sarajevo, 1984 (figure skating)
13. Eddie the Eagle, Calgary, 1988 (skiing)
12. North and South Korean Athletes, Sydney, 2000
11. Jim McKay, Munich, 1972 (broadcast)
10. Nadia Comaneci, Montreal, 1976 (gymnastics)
09. Greg Louganis, Seoul, 1988 (diving)
08. Cathy Freeman, Sydney, 2000 (track)
07. Lawrence Lemieux, Seoul, 1988 (rowing)
06. Jesse Owens, Berlin, 1936 (track and field)
05. Derek Redmond, Barcelona, 1992 (track and field)
04. Kerri Strug, Atlanta, 1996 (gymnastics)
03. U.S. Hockey Team, Lake Placid, 1980
02. Muhammad Ali, Atlanta, 1996 (lighting of the Olympic Torch)
01. Dan Jansen, Lillehammer, 1994 (speed skater)

