

Adair County Employee Newsletter January 2013

Anniversaries:

Carson Adams, 1st District Commissioner, 4 years
Angela Altheide, Circuit Court, 19 years
Rob Atkinson, Sheriff's Dept, 4 years
Brenda Capps, Assessor's office, 1 year
Martha Cole, Circuit Court, 29 years
Sandy Collop, County Clerk, 6 years
Linda Decker, Circuit Clerk, 22 years
Susan Gall, Circuit Court, 14 years
Bob Hardwick, Sheriff, 4 years
Bill King, Sheriff's Dept., 4 years
Karla Kramer, Pros. Atty's office, 10 years
Stan Pickens, Presiding Commissioner, 2 years
Angela Platz, Public Administrator's office, 1 year
Kim Salter, Treasurer's office, 8 years
Pat Shoush, Recorder, 30 years
Lori Smith, Treasurer, 18 years
Kristie Swaim, Associate Circuit Judge, 10 years
Mark Thompson, 2nd District Commissioner, 4 years
Sharon Young, Sheriff's office, 4 years

Happy Birthday!

Rob Atkinson, Sheriff's Dept. 1/18
Brenda Capps, Assessor's office, 1/8
Janet Cooper, Sheriff's office, 1/14
Jeff Gottman, Sheriff's office, 1/2
Bob Hardwick, Sheriff, 1/10
Bryant Kiley, Sheriff's office, 1/19
Kim Salter, Treasurer's office, 1/17
Lori Smith, Treasurer, 1/12
Mark Thompson, Commissioner, 1/17
Kristin Toney, Drug Court, 1/3

Welcome New Employees!

Welcome Rhonda Noe, Adair County Public Administrator! We look forward to working



with you. Also, welcome back Patrick Blackwell to the Sheriff's dept.

AS ALWAYS: IF I'VE NEGLECTED ANYONE BY MISTAKE, PLEASE LET ME KNOW SO I CAN FIX IT IMMEDIATELY.

County Events

1/7- State of the City address
1/14- Back to School for Truman Students
1/21- Martin Luther King Jr. Day
1/26- Miss Northeast Counties Pageant

More information on any of these events can be given by the Chamber of Commerce, 665-3766 or the City of Kirksville at 627-1224.

County News

The following employees received years of service certificates on December 18:
Sandy Collop (5 years) , Barb Johnson (5 years) , Pam Tarr (5 years) , Clifton Engle (5 years) , Greg Lawrence (5 years), Vera Willis (10 years), Scott VanWye (10 years), Kirby Bailey (10 years) ,Matt Holt (10 years), Phil McIntosh (15 years), Jason Lene (15 years), Michael Smith (5 years), and Sally George (15 years). See picture on next page:



REIMBURSABLE DEDUCTIBLE CLAIMS

If you want to claim any money on your RDA, you need to be doing it. Deadline is March 31st. You will need a statement from your doctor's office stating dates of service and total amount paid for each date of service. You can bring all this to me and I will fill out the form and fax it for you if you want. (up to \$500 back, payable to you) Or you can fill out the form and fax it yourself to: 417-883-8261, attention Dana Cobb. Forms are available from me.

FYI ABOUT LAGERS RETIREMENT

Disability Benefits:

If a LAGERS member becomes permanently and totally disabled so that he or she can no longer perform their current

job, LAGERS also provides disability benefits.

Non-Duty Disability

A member with 5 or more years of service who becomes totally and permanently disabled as a result of non-occupational injury or illness is eligible for a non-duty disability benefit. The benefit would be calculated using the member's final average salary and service at the time of the disability.

Duty Disability

If the disability arises out of the member's job related duties, he or she would be eligible for a duty disability benefit. The member does not need 5 years of service to be eligible. The benefit would be calculated using the member's current final average salary and service would be extended to the member's 60th birthday.

Survivor Benefits:

Should a member with 5 or more years of service pass away before retirement, eligible surviving dependents would receive the following benefits:

Surviving Spouse

The surviving spouse receives an allowance equal to the Option A retirement payment option (joint and 75% survivor benefit). The benefit would be calculated using the member's current final average salary and service to the date of the member's death.

Dependent Children

If no surviving spouse is payable, each dependent child would receive an equal share of 60% of the member's benefit. If the death is duty related, the member does not have to be vested and service credit is extended to the member's 60th birthday. An eligible spouse is one that is married to the member for at least 2 years before the member's death, unless the death is accidental or duty related. Feel free to contact them any time at:

Phone 1-800-447-4334 or 573-636-9455

Fax 573-636-9671

E-mail info@molagers.org

Address 701 West Main Street

P.O. Box 1665

Jefferson City, MO 65102

Web site www.molagers.org

Recipes:

Broccoli Cheese Soup

1/2 cup green pepper, chopped
1/2 cup onion, chopped
2 tablespoons butter or 2 tablespoons
margarine
1 (10 ounce) can cream of chicken soup
1 1/2 cups milk
1 lb Velveeta cheese, cubed
1 (10 ounce) package frozen chopped
broccoli
Pepper to taste
Garlic to taste
*cooking on stove top, and not crock pot is
best for this recipe

Directions:

1. Sauté onion and green pepper in butter.
2. Combine all ingredients on low in crockpot for 3-4 hours. Do not add salt.

**can substitute potatoes next time for a cheesy potato soup.

White Chicken Enchiladas

10 soft taco shells
2 cups cooked, shredded chicken
2 cups shredded Monterey Jack cheese
3 Tbsp. butter
3 Tbsp. flour
2 cups chicken broth
1 cup sour cream
1 (4 oz) can diced green chillies

1. Preheat oven to 350 degrees. Grease a 9x13 pan
2. Mix chicken and 1 cup cheese. Roll up in tortillas and place in pan.
3. In a sauce pan, melt butter, stir in flour and cook 1 minute. Add broth and whisk until smooth. Heat over medium heat until thick and bubbly.
4. Stir in sour cream and chillies. Do not bring to boil, you don't want curdled sour cream.
5. Pour over enchiladas and top with remaining cheese.
6. Bake 22 min and then under high broil for 3 min to brown the cheese.

Spicy Sausage Pasta

1 tbsp olive oil
1 lb smoked sausage
1.5 cups diced onion
2 cloves garlic, minced
2 cups low-sodium chicken broth
1 (10 oz) can Ro-Tel tomatoes and green chiles, Mild
1/2 cup heavy cream
8 oz penne pasta
1/2 teaspoon salt and pepper, each
1 cup Monterey Jack cheese, shredded
1/3 cup thinly sliced scallions

Directions

1. Add olive oil to an oven-safe skillet over medium high heat until just smoking. Add sausage and onions and cook until lightly browned, about 4 minutes. Add garlic and cook until fragrant, about 30 seconds.
2. Add broth, tomatoes, cream, pasta, salt and pepper and stir. Bring to a boil, cover skillet, and reduce heat to medium-low. Simmer until pasta is tender, about 15 minutes.
3. Remove skillet from heat and stir in 1/2 cup cheese. Top with remaining cheese and

sprinkle with scallions. Broil until cheese is melted, spotty brown, and bubbly.

Oreo Cheesecake Bites

36 Oreo Cookies, divided
1/4 cup (4 tablespoons) butter
4 packages (8-ounces each) cream cheese, softened
1 cup granulated sugar
1 cup sour cream
1 teaspoon vanilla
4 large eggs
4 ounces semisweet chocolate
4 ounces white chocolate

Preheat the oven to 325°F.

Line a 9×13-inch baking pan with foil, with ends extending over sides. Finely crush 24 Oreo cookies. Melt 1/4 cup butter; mix with crumbs. Press onto bottom of prepared pan.

In a large bowl, beat the cream cheese and sugar with mixer until blended. Add sour cream and vanilla; mix well. Add eggs, one at a time, beating after each just until blended. Chop remaining cookies. Gently stir into batter; pour over crust.

Bake the cheesecake for about 35-40 minutes or until the sides are set and the center is almost set. Cool completely on a wire rack in the pan.

When the cheesecake is completely cooled, cover with plastic wrap and refrigerate for at least 2 hours. When chilled, remove the cheesecake using the foil overhang and cut the cheesecake into bite-sized pieces. Place the cheesecake bites on a wax or parchment paper-lined baking tray. Melt the semisweet chocolate and white chocolate in separate bowls (I use the microwave on 50% power, stirring frequently). Pour the melted chocolate into a ziploc bag, one for the

semisweet chocolate, one for the white chocolate. Snip a small corner off the corner of the bag and drizzle the chocolate over the cheesecake bars. Chill the bars until ready to serve. Alternately, the drizzled bites can be frozen in an airtight container for up to a month. Let them defrost in the refrigerator and serve chilled.

Trivia Challenge #1

In what country is it illegal for children age 16 and under to play video games past midnight?

- a) South Korea
- b) China
- c) Russia
- d) Israel

Trivia Challenge #2

Putting ???? on a wound or cut will greatly reduce pain and speed up the healing process?

- a) milk
- b) sugar
- c) cola
- d) green tea

Trivia Challenge #3

Who dreamed about his death and narrated the dream to his biographer just 3 days before his assassination?

- a) Malcolm X
- b) John F. Kennedy
- c) James Garfield
- d) Abraham Lincoln

Trivia Challenge #4

You burn more calories eating what??? than calories it actually contains (the more you eat the thinner you become)

- a) carrots
- b) lettuce
- c) celery
- d) cauliflower

Trivia Challenge #5

What was the first human invention to break the sound barrier?

- a) firearm
- b) whip
- c) the tip of some propellers
- d) supersonic jet

Trivia Answer #1: a

Trivia Answer #2: b

Trivia Answer#3: d

Trivia Answer#4: c

Trivia Answer #5: b

Did you know that.....?

A bank robber named “Pretty Boy” Floyd was known for destroying mortgage papers on heists, freeing hundreds of people from property debt.

Lack of sleep leads to sugar cravings.

Bill Gates, Mark Zuckerberg and Steve Jobs are all college dropouts.

Titanic survivors were charged \$1 per word to send telegrams from their lifeboat. One man used his last dollar to send the word 'Safe' to his mother.

It costs 2.41 cents to make one penny

A check is only an instruction to a bank, therefore it can be written on anything. In the past, people have written checks on such things such as stone slabs, bananas, and cows.

Before the days of paper money, people traded animal skins, particularly deer and elk skins, for goods and currency. Hence the word “buck” to describe a dollar.

Astronauts on the international space station see around 15 sunrises and sunsets every day.

New Year's Facts and Trivia

1. Which of the following significant events happened on New Year's Day?
 - a) First rover landing on Mars
 - b) America's 49th state
 - c) UN Headquarters open in New York
2. What country did the famous New year song “Auld Lang Syne” originate from?
 - a) Canada
 - b) Great Britain
 - c) United States
 - d) Scotland
3. Who is the mascot of New Year's Eve?
 - a) Father Time
 - b) Baby New Year
 - c) New Year's Ghost
 - d) Mother Nature
4. The first Dick Clark's New Year's Rockin' Eve took place in:
 - a) 1970
 - b) 1971
 - c) 1972
 - d) 1974
 - e) 1981

Answers:

- 1) A
- 2) D
- 3) A
- 4) C

