

# ***Adair County Employee Newsletter July 2012***

## ***Anniversaries:***

Kay Biggerstaff, Child Support, 17 years  
Darla Collop, Circuit Court, 12 years  
Maggie Ferrell, Recorder's Office, 12 years  
Gary Krambeck, Court Deputy, 13 years  
Phil McIntosh, Juvenile, 15 years  
Tammy Miller, County Clerk's office, 2  
years  
Brian Noe, Coroner, 23 years  
Mary Walitshek, Assessor's office, 4 years

## ***Happy Birthday!***

Brad Broadwell, Sheriff's office, 7/3  
Dana Buster, Pros. Atty's office, 7/10  
Jason Dromey, Road and Bridge, 7/29  
Glenn Farris, Road and Bridge, 7/11  
Bill Himes, Sheriff's office, 7/2  
Franz Kinkhorst, Sheriff's office, 7/18  
Greg Lawrence, Assessor's office, 7/5  
Barbara Shultz, 7/14  
Charlie Truitt, Sheriff's office, 7/18

(If I've missed anyone, I'm so sorry....please  
just let me know so I can have the info. next  
time.☺)

## ***Welcome New Employees!***

Patrick Blackwell, Sheriff's Dept.

## ***County Events***

**7/4-**Admission to Aquatic Center only  
\$2.50 per person

**7/4-** All American Red, White, and Blue  
Festival, sponsored by Chamber of  
Commerce

**7/10-** Life Line Health Screening

**7/13 & 14-**Broadway in the Park Presents:  
Songs of Disney, 8 p.m.

**7/16-** Fair Starts

**7/19-** 33<sup>rd</sup> Annual Thompson Campus  
Center and YMCA Twilight 5K and Tot  
Trot 7 pm

**7/20-** Sidewalk sale at Sieren's Palace

**7/21-**"Nature Photography is Easy workshop  
at 2pm Thousand Hills State Park

**7/27-** Teen night swim, 7 pm Kirksville  
Aquatic Center

**7/28-** Movie in the park, "Tangled" 8:30 pm

More information on any of these events can  
be given by the Chamber of Commerce,  
665-3766.



## ***Recipes:***

### **Crockpot Bacon and Cheese Potatoes**

- 1/4 pound bacon, diced – I bake it first in the oven so that it is "done" and browned then I dice it and place in the crock pot.
- 2 medium onions, thinly sliced
- 4 medium potatoes thinly sliced (or if you use a new potato then halve)

- 1/2 pound cheddar cheese, thinly sliced (shredded is fine)
- salt and pepper
- butter
- Green Onions (optional)

1. Line crockpot with foil, leaving enough to cover the potatoes when finished – this will help to not stick and to steam the potatoes.
2. Layer half each of the bacon, onions, potatoes and cheese in crockpot. Season to taste with salt and pepper and dot with (real) butter.
3. Repeat layers of bacon, onions, potatoes and cheese. Dot with butter.
4. Cover with remaining foil.
5. Cover and cook on low for 10-12 hours.

### **7-UP Biscuits**

- 2 cups Bisquick
- 1/2 cup sour cream
- 1/2 cup 7-up
- 1/4 cup melted butter

Cut sour cream into biscuit mix, add 7-Up. Makes very soft dough.

Sprinkle additional biscuit mix on board or table and pat dough out. Melt 1/4 cup butter in a 9 inch square pan. Place cut biscuits in pan and bake at 450 degrees until golden brown.

### **Crusted Honey Mustard Chicken**

- 1 spray(s) cooking spray
- 2/3 cup(s) lite honey mustard dressing
- 1/8 tsp table salt
- 1/8 tsp black pepper
- 2 tsp dill, freshly chopped
- 1 medium uncooked scallion(s), finely sliced
- 1 cup(s) cornflake crumbs
- 1 pound(s) uncooked boneless skinless chicken breast(s), four 4 oz. pieces

Preheat oven to 425°F. Coat a shallow pan with cooking spray.

In a small bowl, combine honey mustard dressing, salt, pepper, dill and scallions; remove 1/3 cup and set aside.

Place cornflake crumbs in a shallow bowl. Dip chicken into dressing mixture and then cornflake crumbs; place in prepared pan.

Bake until chicken is golden and no longer pink in center, about 15 minutes.

Drizzle remaining dressing mixture (the 1/3 cup that was set aside) over chicken breasts and serve. Yields 1 piece of chicken and about 1 1/3 tablespoons of dressing per serving.

### **Blackberry Cobbler**

- 1 stick Butter**
- 1-1/4 cup Sugar**
- 1 cup Self-Rising Flour**
- 1 cup Milk**
- 2 cups Blackberries (frozen Or Fresh)**

Melt butter in a microwavable dish. Pour 1 cup of sugar and flour into a mixing bowl, whisking in milk. Mix well. Then, pour in melted butter and whisk it all well together. Butter a baking dish.

Now rinse and pat dry the blackberries. Pour the batter into the buttered baking dish. Sprinkle blackberries over the top of the batter; distributing evenly. Sprinkle 1/4 cup sugar over the top.

Bake in the oven at 350 degrees for 1 hour, or until golden and bubbly. If you desire, sprinkle an additional teaspoon of sugar over the cobbler 10 minutes before it's done.

### ***Trivia Challenge #1***

The first toilet seat ever to be shown on television was seen on what show?

- a) The Carol Burnett Show
- b) The Jeffersons
- c) My Three Sons
- d) Leave it to Beaver

### ***Trivia Challenge #2***

On average people fear what?? more than they do death?

- a) snakes
- b) heights
- c) spiders
- d) mice

### ***Trivia Challenge #3***

The microwave was invented after a researcher walked by a radar tube and.....

- a) his ice cream cone melted
- b) he got burned
- c) his hair stood straight up
- d) a chocolate bar melted in his pocket

### ***Trivia Challenge #4***

The 'spot' on 7UP comes from????

- a) A red ball
- b) Its inventor who had red eyes. He was albino
- c) no particular reason, just décor advertising
- d) reminder of war time

**Trivia Answer #1:** d

**Trivia Answer #2:** c

**Trivia Answer#3:** d

**Trivia Answer#4:** b

### ***Did you know that.....?***

Babe Ruth wore a cabbage leaf under his cap to keep him cool! He changed it every 2 innings! (I can totally see how cabbage

would come to mind if I wanted to keep cool....?)

It's against the law to sing off key in North Carolina? And it's against the law to sneeze on the city streets. Yep, it's true!

It is illegal in LaCrosse, Wisconsin to "worry a squirrel" (darn! That was on my list of things to do when I traveled there!!)

One of the major ingredients in ice cream is air. Without it, the stuff would be as hard as a rock.

Apples are more efficient than caffeine in keeping people awake in the mornings. (maybe so, but I'm still drinking coffee, so there)

Eating lemons make you live longer.

If you try to suppress a sneeze, you can rupture a blood vessel in your head or neck and die.

Right-handed people live, on average, nine years longer than Left-handed people do. (If you're ambidextrous, do you split the difference?)

Banging your head against a wall uses 150 calories an hour (Do not try this at home. Maybe at work.....)

Polar bears are left-handed. (If they switch, they'll live a lot longer.)

## **County News:**

Nothing. We're pretty boring. ☺

### **Quotes:**

They've finally come up with the perfect office computer. If it makes a mistake, it blames another computer.-

Milton Berle

"If you think nobody cares if you're alive, try missing a couple of payments." - Earl Wilson

"As you get older three things happen. The first is your memory goes, and I can't remember the other two." - Norman Wisdom

"Sometimes the road less traveled is less traveled for a reason."- Jerry Seinfeld

## **Happy Fourth of July!!**



### **Here are some fun July 4<sup>th</sup> facts:**

The first public Fourth of July event at the White House occurred in 1804.

Thomas Jefferson, James Monroe and John Adams all died on Independence Day.

Mexico is the leading consumer of manufactured American flags.

\$3.4 million worth of American flags are made in China.

The United States imported \$193 million of fireworks from China in 2011.

July 4th was not declared a national holiday until 1870.

The stars on the original American flag were in a circle so all the Colonies would appear equal

Approximately 150 million hot dogs are consumed on this day.

The song "Yankee Doodle" was sung originally by British officers making fun of backwoods Americans.

The Declaration of Independence was signed by 56 men from 13 colonies.

In 1776, there were 2.5 million people living in the new nation. (Today there are 311 million.)

On Independence Day in a typical year, far more U.S. fires are reported than on any other day and more than twice as many as on an average day.

Fireworks account for two out of five of those fires, more than any other cause of fires. In 2010, fireworks caused an estimated 15,500 reported fires, including 1,100 structure fires, 300 vehicle fires, and 14,100 outside and other fires. These fires resulted in an estimated eight reported deaths, 60 civilian injuries and \$36 million in direct property damage. Be careful out there, folks.

*Something Extra for you this month:*

## **CERF INFORMATION**

### **CERF RETIREMENT (County Employee Retirement Fund) Quick Read:**

If you are an employee working 1000 hours a year (full time employee), then you will become an automatic participant in the CERF program on your date of hire.

CERF is funded by:

- 2% employee contribution of total gross compensation (mandatory)
- 2% paid by county

You become vested in the CERF program after 8 years. Once vested, you are eligible to receive a full benefit at age 62 or a reduced benefit at age 55.

If you leave county employment before you are vested, you get your 2% back.

### **CERF 457 plan**

CERF 457 is a voluntary program in which the employee can contribute no less than \$10 a month, and no more than 6% of gross compensation.

CERF will pay 50 cents for every dollar that you contribute to the 457 plan.

You are vested with this plan after 5 years.

You will receive your 457 benefits if:

- Leave county employment
- Reach age 70.5 years
- Have an “unforeseeable” emergency
- Die

If you leave county employment before you have five years of service, you will forfeit all matching contributions along with the corresponding investment returns

If you'd ever like to browse their website, it is: <http://www.mocerf.org/>

Have CERF questions? Come see me or call 234-7914. Want to call them yourself? Call Jim @CERF 573-645-0417 (for mandatory contributions) or Mary @CERF-877-632-2373 ext. 4218 (for voluntary contributions- 457 plan).