

## *Employee Newsletter May 2017*



### *Happy Birthday!*

Juan Chairez, Sheriff's Office, 5/7  
Karen Hammons, Collector's Office- 5/21  
Lonnie Harris, Road and Bridge- 5/14  
Barb Johnson, Recorder's Office, 5/5  
Trey Kramer, Pros. Atty Office, 5/14  
Cabe March, Sheriff's Office, 5/2  
Rachel Marentes Roberts, Sheriff's Office, 5/2  
Karah Shirley, Sheriff's Office, 5/7  
Sharon Young, Sheriff's Office, 5/26



### *Anniversaries*

Isaiah Curtis, Road and Bridge Supervisor, 3 yrs  
Rusty Harris, Road and Bridge, 23 years  
Bill Hudson, Asst. Pros. Atty- 3 years  
Grace March, Juvenile Center- 4 years  
Bobby McCarty, Road and Bridge- 3 years  
Shelley Story- Public Admin Office- 6 years  
Scott VanWye- Road and Bridge- 10 years  
Jeff Waddle- Road and Bridge- 23 years

AS ALWAYS: IF I'VE NEGLECTED ANYONE BY MISTAKE, PLEASE LET ME KNOW SO I CAN FIX IT NEXT TIME

### *Happy Retirement*

Congratulations to Doug Hill and Linda Gentry on their retirement. They will be missed!



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### *Welcome New Employees!*

Riley Merdinian, Sheriff's Office  
Bill Sweitzer, Sheriff's Office

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### *County News*

CERF Rep. Jim Ellison will be in the courthouse lobby from 9-12 noon. Stop by and see him if you have any questions regarding CERF retirement. Feel free to

make an appt. through me for easier access to him. Email or call me.

2017 Employee Manuals have been either handed out or emailed (Sheriff's Office, Juvenile Office per email request). In the side pocket of each manual is a "read receipt". I also sent a read receipt paper by email if you received yours by email. If you wouldn't mind initialing those and giving back to me, I would sure appreciate it. Please return as soon as possible. If you have them ready, I'll come get them, just let me know.

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### ***County Events***

- 5/4- Kirksville Community String Orchestra Concert
- 5/13- Truman State University Commencement
- 5/18- A Toast to Art
- 5/20—Conservation Keepers- Rock Painting Project
- 5/27—Adair County Mobile Food Pantry

More information on any of these events can be given by the Chamber of Commerce, 665-3766 or the City of Kirksville at 627-1224.

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### **Recipes:**

#### **Creamy Garlic Parmesan Mushrooms**



- 2 Tablespoons Butter
- 1 Tablespoon olive oil
- 8 Ounces white mushrooms, whole or sliced to preference
- 2 cloves garlic, minced
- ½ cup heavy cream

- ¼ cup grated parmesan cheese
- 2 ounces cream cheese, softened
- 1 teaspoon italian seasoning
- ½ teaspoon salt
- ¼ teaspoon pepper
- fresh chopped parsley for garnish

In a medium sized skillet over medium high heat add the butter and olive oil. Add the mushrooms and garlic and saute until tender. Add the heavy cream, parmesan cheese, cream cheese, italian seasoning, salt and pepper. Stir with the mushrooms and heat until the sauce is bubbly and smooth. Serve immediately and garnish with fresh parsley.

#### **Breaded Pork Chops**



- 1 egg, lightly beaten
- ½ cup 2% milk
- 1-1/2 cups crushed saltine crackers
- 6 boneless pork loin chops (1 inch thick)
- ¼ cup canola oil

In a shallow bowl, combine egg and milk. Place cracker crumbs in another shallow bowl. Dip each pork chop in egg mixture, then coat with cracker crumbs, patting to make a thick coating.

In a large skillet, cook chops in oil for 4-5 minutes on each side or until a thermometer reads 145°. Let meat stand for 5 minutes before serving.

#### **Grasshopper Cake**



1 box white cake mix  
ingredients called for on cake mix box; egg  
whites oil and water  
2 1/2 teaspoons mint extract divided use  
green food color  
1 16oz jar hot fudge topping  
1 container whipped topping thawed, 8 Oz.  
Creme de Menthe chocolate candy pieces  
chopped into

Preheat oven to 350F degrees.  
Spray 9 x 13 baking dish with nonstick  
cooking spray.  
Make cake mix per the directions on the  
back of the box.  
Add in 2 tsp. of mint extract and food color.  
(about 50)  
If you have the food coloring paste, just add  
until you reach desired color.  
Pour batter into baking dish and cook for  
time listed on back of cake mix box.  
Once it is finished baking, allow the cake to  
cool completely.  
Spread hot fudge sauce on cooled cake.  
For the next layer, add in 1/2 teaspoon of  
mint extract and green food coloring  
(about 6-10 drops) to the whipped topping.  
Stir it up.  
Spread whipped topping onto cake.  
Sprinkle with chopped creme de menthe  
chocolate candies.

### Weight Watchers Skinny Lemon Brownies



1/2 cup all purpose flour  
1/4 cup whole wheat pastry flour  
1 stick butter, softened  
2 large or extra large eggs  
3/4 cup super fine sugar or granulated sugar  
2 tbsp lemon fresh lemon juice  
1 1/2 tbsp lemon zest  
1/4 tsp Kosher or sea salt

1/4 tsp baking soda  
1/4 tsp baking powder  
1/2 tsp vanilla extract

#### Lemon glaze:

1/2 cup sifted powdered sugar  
2 tbsp fresh lemon juice  
1/2 tsp cold water if needed  
lemon zest for sprinkling on top

Preheat oven to 340 degrees. Mist a non  
stick 8 or 9 inch square pan with cooking  
spray. Set aside.

In a large mixing bowl, beat with a hand  
held mixer or stand mixer, the softened  
butter with the sugar until fluffy. Add the  
eggs one at a time until well incorporated.  
Add the lemon juice and zest and mix just  
until combined.

In a separate bowl, whisk together the flour,  
salt, baking soda and baking soda. Add the  
flour mixture into the wet ingredients and  
beat at medium speed for about 1 to 2  
minutes until nice and creamy.

Pour batter into prepared pan and bake for  
about 20-24 minutes. Try not to over bake.  
The edges will turn lightly golden brown. A  
toothpick should have moist crumbs. Let  
cool on a wire rack for at least 20 minutes.  
While cooling, prepare the glaze and then  
spread over the brownies and sprinkle on the  
zest. Cut into 16 brownies and enjoy!

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### Missouri Association of Counties Online Classes

*Online training classes are available on the  
LocalGovU site. If you're not registered for  
LocalGovU online training classes,  
sponsored by MAC, then let me know if you  
want to be. Sexual Harassment training is  
available and everyone should be taking it at  
some point when it's convenient. It's free, its  
training you should have, and it's easy to get  
started. You can also print off certificates at  
the end of each training for you to keep. I'd*

*be glad to help you get started. Please let me know!* <http://www.localgovu.com/>

Supervisors/Elected Officials, it would be great if you'd encourage participation from your employees for these training classes.

**Got a training you'd like to see added? Let me know, I'll see what I can do.**

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## ***Human Resources, 101***

### **Let's Review Your CERF 401 a Savings Plan**

“Vesting” means you have a permanent right to your benefit – even if you leave county employment. With the 401(a) plan, you are always 100% vested in your mandatory and rollover contributions and any investment return on this money.

You are 100% vested in the CERF match, as well as any investment return the match earns, after five years of service. If you leave county employment before you have five years of service, you will forfeit all matching contributions along with the corresponding investment returns.

Although CERF's match is based on your voluntary contributions to the CERF 457 plan, the actual matching funds, if any, are deposited into your CERF 401(a) account.

You may receive a distribution from your 401(a) account if you:

- Leave county employment;
- Reach age 59 1/2;

- Have a “financial hardship,”
- or
- Die

### **A Review of Your 457 Plan**

The 457 plan is designed to provide tax advantages to you through voluntary pre-tax contributions.

This will:

- Lower your taxable income
- Reduce the amount of tax you currently pay
- Allow you to set aside money for retirement

All county employees who participate in this plan can make voluntary contributions equal to either a flat-dollar amount or a percentage of pay through regular payroll deductions.

You are 100% vested in the CERF match, as well as any investment return the match earns, after five years of service. If you leave county employment before you have five years of service, you will forfeit all matching contributions along with the corresponding investment returns.

Each year, CERF's Board of Directors will determine the amount available for matching contributions. The maximum match that the Board can approve is:

50¢ for every dollar that you contribute, up to the first 6% of pay

To receive the match, you must have made 457 contributions during the plan year and you:

Have earned at least 1,000 hours during the year, or on a qualified leave of absence, on December 31; or Are at least 62, and separated from service,

vested in the CERF Pension Plan; or Die during the year.

Although CERF's match is based on your voluntary contributions to the CERF 457 plan, the actual matching funds are deposited into your CERF 401(a) account. As periodic account statements are received from Great-West, you will want to verify that your 457 contributions are being deposited into the 457 plan account (rather than 401(a) plan) in order to receive the full match to which you are entitled. **Reminder: Your CERF 457 and 401a Plans are supplemental to your CERF Pension Plan.**

**Questions about your CERF pension?**  
Call Mary Holsman at 877-632-2373, ext. 4218. For questions about your Savings Plans (457, 401), call Robert Eastburn at (877) 895-1394.

### Trivia Challenge #1

\_\_\_\_\_ published a best-selling romance novel that spawned a twenty-episode TV series and a stage musical.

- a) North Korea dictator Kim Jong-Un
- b) Former Iraq dictator Saddam Hussein
- c) Adolf Hitler
- d) Former Libyan leader, Muammar Qaddafi

### Trivia Challenge #2

When \_\_\_\_\_ are swallowing their food, they blink. When they blink, their eyeballs go down to their mouth and push the food down its throat.

- a) Lemurs
- b) dragonflies
- c) owls
- d) frogs

### Trivia Challenge #3

When Boris Yeltsin met President Clinton in 1995, his first question was \_\_\_\_\_?

- a) Do you think O.J. did it?
- b) How's Monica doing?
- c) Do I really have to be here?
- d) Can I get a BigMac?

### Trivia Challenge #4

\_\_\_\_\_ used to work as a hairdresser for corpses.

- a) Jessica Lange
- b) Betty White
- c) Steven Spielberg
- d) Danny Devito

### Trivia Challenge #5

From 1887-1947 \_\_\_\_\_ was America's most popular female name.

- a) Mary
- b) Elizabeth
- c) Charlotte
- d) Katherine

### Trivia Challenge #6

From 1887-1947 \_\_\_\_\_ was America's most popular female name.

- a) Mary
- b) Elizabeth
- c) Charlotte
- d) Katherine

Answers:

1) b

2) d

3) a

4) d

5) a