

# EMPLOYEE NEWSLETTER

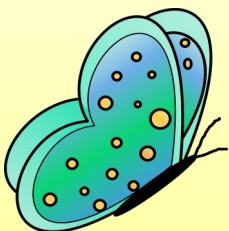
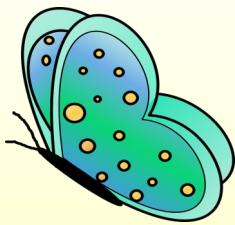
## APRIL 2021



Important 2021 Dates	
Sunday April 4	Easter Sunday
Tuesday April 6	Municipal Election
Friday May 7	Truman Day County Offices Closed
Sunday May 9	Mother's Day
Monday May 31	Memorial Day County Offices Closed

Birthday Wishes		
04/06	Bill Sweitzer	Sheriff's Office
04/11	Sherry Treasure	County Clerk
04/28	Nathan Frazier	Sheriff's Office

Welcome New Employee	
Travis Williams	Sheriff's Office



Service Anniversaries			
04/01	41 yrs.	Randall Snyder	Road & Bridge
04/07	7 yrs.	Bob McCarty	Road & Bridge
04/09	3 yr.	Rose Montgomery	Sheriff's Office
04/14	12 yrs.	Dale Standfuss	Maintenance
04/14	1 yr.	Johnny Gunnels	Road & Bridge
04/16	9 yrs.	Pam Ashford	Assessor's Office
04/18	24 yrs.	Jason Lene	Sheriff's Office
04/23	4 yr.	Bill Sweitzer	Sheriff's Office
04/29	30 yrs.	Lonnie Harris	Road & Bridge



## Exciting Benefit for GBS Members



### WHAT IS PRICEMDs?

The PriceMDs Surgical Program is your preferred health plan benefit for your non-emergency surgery/procedure. There are no deductibles, no copays, and no coinsurance! Your PriceMDs benefit covers the cost (100%) of your surgery/procedure including:

- The initial consultation
- Pre-op lab work
- Anesthesiologist
- Pathologist
- The surgery/procedure itself
- Post-op
- Any durable medical equipment needed

### HOW DO I USE PRICEMDs?

Using your PriceMDs benefit for your surgery/procedure can be done in two (2) easy steps!

#### 1. CONTACT YOUR PRICEMDs RN

Before you schedule your consultation for your surgery/procedure, contact one of the PriceMDs registered Nurses.

RNs:

Rachel Kirkham

Phone: (813)833-3267

Email: [rachelkirkhamRN@pricemds.com](mailto:rachelkirkhamRN@pricemds.com)

Caitlin Quinn

Phone: (813)833-7158

Email: [caitlinquinnRN@pricemds.com](mailto:caitlinquinnRN@pricemds.com)

#### 2. MAKE YOUR SELECTION

Your PriceMDs RN will explain the program and locate the right facilities and surgeons/specialists near you for your consultation. You will then make your selection from the available options. After that, your RN will handle all of the scheduling needed-the initial consult, any lab work, the surgery/procedure itself, etc.

### WHAT SURGERIES AND PROCEDURES ARE COVERED?

More than 400 non-emergency surgeries and procedures are covered by your PriceMDs benefit. Some of the most common types of surgeries/procedures covered are:

- General surgery (ex: abdominal, breast, laparoscopy, etc.)
- Orthopedic (knee, hip, shoulder, spine, elbow, wrist, and ankle)
- Gynecologic (GYN)
- Ear, nose, and throat (ENT)
- Podiatry
- Ophthalmology
- Gastroenterology (EGO, colonoscopy, etc.)

### IMPORTANT

Before you schedule your consultation for your surgery/procedure, contact one of your PriceMDs Registered Nurses (RN). **Not contacting one of your PriceMDs RNs prior to scheduling your consultation will disqualify that surgery/procedure for the PriceMDs benefit.**

*For a complete list of covered surgeries/procedures and authorized medical centers please contact Human Resources at: (660)234-7914 or [hkelley@adaircomo.com](mailto:hkelley@adaircomo.com)*



## \*NO COST VISION SCREENING BENEFIT

Employees do not need to have the GBS eye insurance plan to be eligible for this benefit!

Did you know that your medical plan provides you with a free annual vision screening?

It's true, and—even better—it's easy to use! Since there's no vision network provider required, simply visit any eye care provider you like for the screening and you're covered at 100%, up to \$100 annually.

If your chosen provider doesn't accept your insurance, then the cost of the screening will be reimbursed to you up to \$100 with proper documentation. Please contact Human Resources at (660) 234-7914 or [hkelley@adaircomo.com](mailto:hkelley@adaircomo.com) for details are how to receive a reimbursement for your annual eye exam.

*\*Reimbursement amounts (up to \$100) will cover only costs associated with the "regular" eye exam. Additional tests outside of the normal eye exam are not eligible for reimbursement.*

## 100% Covered Imaging Services

Group Benefit Services (GBS) plan members are covered at 100% for the following imaging services:

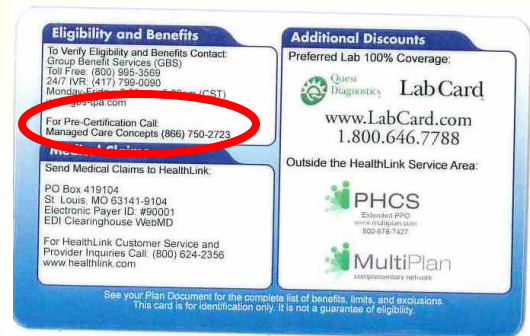
MRI

CT

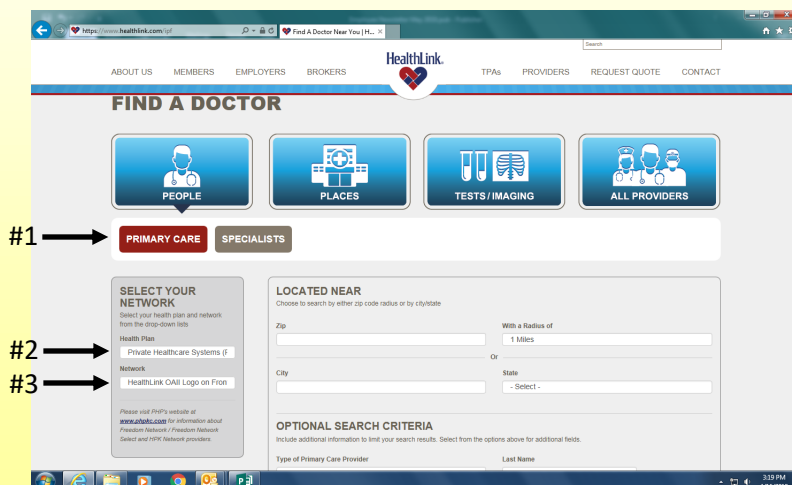
PET

Using this radiology benefit can be done in two (2) easy steps:

1. **Enhanced imaging precertification.** When the member's physician orders an MRI, PET, or CT scan, the member must pre-certify their scan by calling, or having their provider call, the pre-certification number on the back of the member's GBS plan ID card. **Managed Care Concepts Pre-certification 1(866)750-2723.**
2. **Appointment scheduling.** Once their prescribed radiology service has been pre-certified, the member can contact the independent, non-hospital imaging facility of their choice to schedule their radiology appointment.



## How do I find out if my Doctor is "In-Network"?



Visit the HealthLink "Find a Doctor Near You" web-site at [www.healthlink.com/ipf](http://www.healthlink.com/ipf) (screenshot left)

Select the type of Doctor:

**Primary Care or Specialists** (see #1)

Select your Health Plan :

**Private Healthcare Systems (PHCS)** (see #2)

Select your Network:

**HealthLink OAH Logo on Front of Card** (see #3)

Enter in location details. Enter in the image security code and hit the "submit" button at the bottom of the page . Your results will be displayed both as a listing of providers and as an interactive location map.

## Retirement Frequently Asked Questions (FAQ)



COUNTY EMPLOYEES'  
RETIREMENT FUND



### **What retirement benefits are available to Adair County employees?**

- **LAGERS (Local Government Employees Retirement System)**  
⇒ The County pays the entire contribution of an employee's salary into the LAGERS system
- **CERF (County Employees Retirement Fund)**  
⇒ The County pays 2% of an employee's salary and the employee pays 2% of their salary into the CERF system
- **457(b) Savings Plan (administered by Empower Retirement)**  
⇒ This is an optional retirement plan that is paid 100% by the employee
- **401(a) Savings Plan (administered by Empower Retirement)**  
⇒ This retirement plan is tied to the employee's 457(b) plan and is funded with matched money from CERF

### **What does it mean to be vested?**

Being vested means an employee becomes the "owner" of the retirement plan. As the plan "owner" employees will receive benefits from the plan at their time of retirement.

### **What is the vested periods for Adair County retirement plans?**

5 years= LAGERS

8 years= CERF

0 years= 457(b) Savings Plan (the employee "owns" this plan from day one)

5 years= 401(a) Savings Plan (401(a) plans are funded solely from the matched money from CERF)

### **What happens if I leave County employment before I am vested?**

- **LAGERS (Local Government Employees Retirement System)**  
⇒ Employment service credits remain in the LAGERS system
- **CERF (County Employees Retirement Fund)**  
⇒ Former employees can receive a refund of their own contributions but forfeit employment service credits
- **457(b) Savings Plan (administered by Empower Retirement)**  
⇒ The employee owns this plan and can roll funds into another account or get contributions refunded
- **401(a) Savings Plan (administered by Empower Retirement)**  
⇒ Any matched CERF funds are forfeited

### **When can I retire?**

LAGERS		CERF		457(b)	401(a)
General Employees		General Employees		General Employees	General Employees
Early (reduced) Retirement 55		Early (reduced) Retirement 55		59 1/2 to avoid IRS penalty	59 1/2 to avoid IRS penalty
Regular (full) Retirement 60		Regular (full) Retirement 62			
Law Enforcement		Law Enforcement		Law Enforcement	Law Enforcement
Early (reduced) Retirement 50		Early (reduced) Retirement 55		59 1/2 to avoid IRS penalty	59 1/2 to avoid IRS penalty
Regular (full) Retirement 55		Regular (full) Retirement 62			

## News From Around the County

### Commissioners Present Check to OATS Transit

Kirksville, Missouri, March 23, 2021- Adair County Commissioner's presented a check, on behalf of Adair County, to representatives of OATS Transit. The \$1,500 check presented to OATS Transit will be used to offer shared-ride, demand response, door-to-door service in Adair County.

OATS Transit is a 501(c)3 nonprofit corporation providing transportation to 87 counties in Missouri to thousands of Missourians, including the rural general public, senior citizens and people with disabilities. The mutual partnership, supported by Adair County Commissioners, ensures that Adair County citizens have access to reliable and affordable transportation in Northeast Missouri.



#### Participants in the check presentation included:

*Left to right: Mark Thompson- 2<sup>nd</sup> District Commissioner, Mark Shahan-Presiding Commissioner, Sherry Webb -OATS Regional Director , Gloria Kwok-OATS Board Member, Peggy Garrett– OATS Board Member, Kim Kriegel-OATS Board Member, Stella Patinio– OATS Driver, Bill King-1<sup>st</sup> District Commissioner*



Joe Nicol, Maintenance Supervisor, does a little spring cleaning washing the 3rd floor Courthouse windows. Watch your step Joe!



## Spring Cleaning Hacks

### Dust your house with dryer sheets

Dryer sheets collect dust and leave behind a residue that actually *repels* dust, which means dust won't settle back onto the surface you just cleaned with a dryer sheet for a couple days.

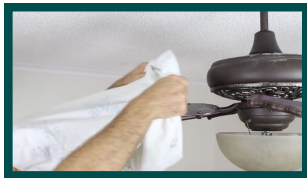


### Clean lampshades with a lint roller

Dusting your lamp shades just seems to put more dust onto the lamp than you're taking off. Take a lint roller to your lampshades. It will pick up any dirt, dust, hair, or other particles that are otherwise impossible to get off.

### Wash plastic shower curtains in the washing machine

Your plastic shower curtains can be washed in the washing machine just like cloth shower curtains. The only catch is that you'll want to wash the shower curtain with a couple bath towels to keep it untangled and to help it get washed evenly.



### Dust the ceiling fan with a pillowcase

Put the pillowcase over the fan blade, all the way to the base of the fan, then pull back so the dust from the top of the blade falls right into the pillowcase.

### Dust baseboards with a broom

Stick a rag (or pillowcase) over the head of the broom and use an elastic to secure it in place, then walk around the rooms of your house sweeping all the dust off your baseboards.



### Clean garbage disposal with lemons, ice, and salt

If you have a garbage disposal in your sink you can easily clean it by sprinkling some salt in it, throwing in a few pieces of cut lemon and a couple ice cubes in and then turning the garbage disposal on.

