

Adair County Employee Newsletter February 2013

Anniversaries:

Melissa Hocker, Sheriff's Dept. 4 years
Caleb March, Sheriff's Dept., 4 years

Happy Birthday!

Joe Wuebker, Sheriff's Dept., 2/7
Karla Kramer, Prosecuting Attorney, 2/9
Angela Platz, Public Administrator, 2/10
Logan Shively, Sheriff's Dept., 2/21
Russell Steele, Circuit Judge, 2/27
Jack Moots, Road and Bridge, 2/28

Welcome New Employees!

***AS ALWAYS: IF I'VE NEGLECTED ANYONE
BY MISTAKE, PLEASE LET ME KNOW SO I
CAN FIX IT IMMEDIATELY.***

County Events

2/1-Kirksville High School Celebrity Dinner
2/2- Groundhog Day
2/2-Truman Orchestra Concert
2/2-NEMO AG Show
2/9- Polar Bear Plunge
2/15- State of the County Address
2/20- Truman Lyceum Biloxi Blues
2/20- Kirksville Day at the Capital
2/22- Phi Mu Alpha Jazz Festival
2/27- Truman Musical "Little Women"

More information on any of these events can be given by the Chamber of Commerce, 665-3766 or the City of Kirksville at 627-1224.

County News



REIMBURSABLE DEDUCTIBLE CLAIMS

If you want to claim any money on your RDA, you need to be doing it. Deadline is March 31st. You will need a statement from your doctor's office stating dates of service and total amount paid for each date of service. You can bring all this to me and I will fill out the form and fax it for you if you want. (up to \$500 back, or \$1000 per family, payable to you,whichever comes first) Or you can fill out the form and fax it yourself to: 417-883-8261, attention Dana Cobb. Forms are available from me. Also, the deadline to use your FSA funds from 2012 is March 31st as well. FSA funds are "use it or lose it"; don't let this happen to you. Be sure and use it all.

FYI ABOUT GBS FLEXIBLE SPENDING ACCOUNT

If you signed up for a 2013 Flexible Spending Account, **Please see the attached for information regarding what is reimbursable on your Flex Spending Account. **

This month, the county will begin working with the Missouri Association of Counties to establish a formal, written safety policy for all county employees. So be watching for that to unfold in the near future.

Recipes:

Egg Drop Soup

4 cups chicken broth (I like the Pacific and Imagine boxed varieties)
1 tablespoon soy sauce
1 tablespoon fresh grated ginger
2 tablespoons cornstarch dissolved in 3 tablespoons cold water
3 eggs, beaten
Salt and pepper to taste
Chopped scallions for garnish

DIRECTIONS

1. Put chicken broth, soy sauce and ginger in a medium saucepan and bring to a boil.
2. Whisk in cornstarch mixture and stir until slightly thickened. Turn heat down to low.
3. Pour in beaten egg and whisk gently for about a minute...the egg will separate a little into strands as it cooks.
4. Season to taste with salt and pepper. If you have dumplings on hand, this is the time to add them in. Garnish with scallions. Serve at once.

If you want sauce and want to have some to pour over the chicken and the rice, double the sauce ingredients.

Taco Ring



This is incredibly easy to make and it's sure to be a hit with your family.

1 lb. lean ground beef
1 (1 1/4 ounce) package taco seasoning mix
1 cup shredded cheddar cheese (4 ounces)
2 tablespoons water
2 (8 ounce) packages refrigerated crescent dinner rolls
1 medium bell pepper
1 cup salsa
3 cups lettuce, shredded
1 medium tomato
1/4 cup onion, chopped (optional)
1/2 cup pitted ripe black olives (optional)
sour cream (optional)

Directions:

Cook ground beef in large skillet over medium heat 7-9 minutes or until beef is no longer pink; drain.
Remove pan from heat.
Stir in taco seasoning mix, cheese and water
Preheat oven to 375°F.
Unroll crescent dough; separate into triangles. Arrange triangles in a circle on Classic Round Pizza Stone with wide ends overlapping in center and points toward outside. (There should be a 5 inch diameter opening in center.) I use my Pampered Chef pizza stone, but any flat round pan should work--perhaps even a pizza sheet, but I'd spray it with Pam before adding the crescent rolls. Scoop meat mixture evenly onto widest end of each triangle up over filling and tuck under wide ends of dough at center of ring. (Filling will not be completely

covered). Bake at 20-25 minutes or until golden brown. Shred lettuce and chop tomato, onion, olives, and bell pepper (if desired). If you want to do something fancy, scoop out a bell pepper and fill with salsa and put into center of ring. Add your toppings to top of ring and finish with more shredded cheese and sour cream

Do you sometimes have left over mashed potatoes? Don't know what to do with them? What about.....

Bacon Cheddar Potato Cakes



3 slices bacon
4 cups cold leftover mashed potatoes
2 eggs
1 teaspoon onion powder
1/2 teaspoon salt
1/2 teaspoon ground black pepper
1 cup shredded Cheddar cheese

Place the bacon in a large, deep skillet, and cook over medium-high heat, turning occasionally, until evenly browned and crisp, about 10 minutes. Remove the bacon slices, crumble, and set aside. Leave the bacon drippings in the skillet.

Mix the mashed potatoes, eggs, onion powder, salt, and black pepper together in a bowl; stir in the crumbled bacon and Cheddar cheese.

Form the mixture into 8 patties. Heat the bacon drippings over medium heat, and pan-fry the patties in the drippings until crisp on each side, about 4 minutes per side.

Valentine's Day Fun Recipes for Kids:

Valentine's Dipped Rice Krispie Treats



3 tablespoons margarine or butter (I always use butter)
1 package (10 oz) regular marshmallows or 4 cups miniature marshmallows
6 cups crisped rice cereal (aka Rice Krispies)
Candy melts or white chocolate chips
Food coloring, if desired
Sprinkles, of course

Melt the margarine or butter in a large saucepan over low heat. Add the marshmallows and stir until completely melted. Remove from heat. Mix in the crisped rice cereal. Stir until well coated. Spread the mixture using a buttered spatula or waxed paper evenly into an 11x17-inch rimmed baking sheet coated with cooking spray. Cut the treats into heart shapes with a 2-3-inch cookie cutter (enjoy the scraps!) when cool. Melt the candy melts or white chocolate chips according to the package directions. Stir in a few drops of food coloring, if you'd like. Dip the edges of the treats into the candy and decorate with sprinkles. Allow the candy to cool and set before serving. Best if served the same day.

Cinnamon Candy Cider



Here's a potion kids are sure to love. Among the ingredients are cinnamon candies that give it zing. Stir 1 quart apple cider and 1/4 cup hard cinnamon candies in a medium saucepan over low heat. Bring to a simmer, stirring constantly, until heated through and candies have melted completely, about 8 minutes. Serve warm.

Neat Ideas for Kids' Valentine's Day Boxes.....

Pink Pig Valentine Mailbox

- 1 2-liter soda bottle, cleaned & dried
- 1 bottle pink spray-paint
- 1 sheet bright pink felt
- 5 bright pink pipe cleaners
- 2 white, wooden hearts (or googly eyes, or white paper cut into hearts)
- 1 glue gun loaded with a full gluestick



1. Use a sharp knife to carefully carve a large smile into the plastic bottle, just below the cap.

2. Spray paint the entire bottle with pink paint in an outdoor location. Allow it to dry completely before bringing inside.

3. Cut 2 small triangles out of the corner of the pink felt. Fold the center of one triangle, place a thin bit of hot glue onto the bottom edge of the triangle. Press onto the painted bottle to create an ear. Repeat with the second triangle.

4. Hot glue the eyes between the ears and "snout" cap. Use a black marker to draw a black dot on each eye.

5. Twist the pipe cleaners around a marker to create five pink swirls. Glue four onto the bottom of the pig for legs. Glue one onto the backside for a tail.



Valentine's Monster

- Empty Tissue Box
- Egg Carton
- Spray Paint
- White craft foam
- Foam hearts
- Pipe Cleaners
- Pom Poms
- Googly Eyes
- Hot glue



1. Spray paint your tissue box red (or other desired color)

2. Once the box has dried add pink foam hearts. I used the sticky kind, but you could also paint your hearts on as well.

3. Cut out two sections of the egg carton and spray paint (if it isn't already white), hot glue googly eyes on.

4. Cut out teeth from the white craft foam and hot glue to the inside of the box.

Trivia Challenge #1

The sound of E.T. walking, was made by someone doing what?

- a) squishing their hands in jelly
- b) drinking a smoothie through a straw
- c) Walking across a creaky floor
- d) Painting with a paint roller

Trivia Challenge #2

The 5 most stolen items in a drugstore are batteries, cosmetics, film, sunglasses and what else??

- a) Band aids
- b) Tylenol
- c) Preparation H
- d) Gas-X

Trivia Challenge #3

You are more likely to have a bad dream, if you do what?

- a) Sleep on your left side
- b) Eat before bed
- c) Have sleep apnea
- d) Sleep in a cold room

Trivia Challenge #4

What rained down from the sky on four separate instances in Great Britain from October 1987-February 1988?

- a) frogs
- b) fish
- c) ash
- d) snakes

Trivia Challenge #5

What activity actually makes you smarter?

- a) Whistling regularly
- b) talking to yourself
- c) jigsaw puzzles
- d) playing cards

Trivia Answer #1: a

Trivia Answer #2: c

Trivia Answer#3: d

Trivia Answer#4: a

Trivia Answer #5: b

Did you know that.....?

Prisoners in Guantanamo bay are given McDonald's Happy Meals if they cooperate with the interrogations.

The average woman will spend one full year of her lifetime trying to decide what to wear.

Every night after closing, Disneyland releases 200 cats into the park to help keep the rodent population under control.

About 50% of breakups now occur via text message.

All pandas in the world are on loan from China, and when a baby Panda is born, by agreement, it is sent back to China to help expand the gene pool. The baby pandas are shipped back by FedEx.

There is world's most quietest room in U.S where 99, 99% of all sounds are blocked you can hear your blood flowing and stomach gurgling in it

Waylon Jennings, a musician, in the 1980s, spent around \$1500 on cocaine, every day.

98% of our DNA is the same as a monkey.
70% of our DNA is the same as a slug. 25%
of our DNA is the same as a banana.

Video Games have proven to be more
effective at overcoming depression in teens
than counseling has been.

In Venezuela and Saudi Arabia, oil is
cheaper than water.

There is a "Hug Me" Coca-Cola machine in
Singapore which gives you a can of coke
each time you hug it.

**The following attachments are
related to our Flexible Spending
Account. It will tell you what is
reimbursable.

