## **PROCLAMATION**

A Proclamation Recognizing May as Mental Health Awareness Month

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, we all experience times of difficulty and stress in our lives; and

WHEREAS, mental health conditions are real and prevalent in our nation; and

WHEREAS, prevention is an effective way to reduce the burden of mental health conditions; and

WHEREAS, with effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts; and

THEREFORE, the Adair County Commission, hereby recognizes May 2017 as Mental Health Awareness Month and recognizes the County's commitment to advocacy for mental health awareness and the provision of educational and professional resources for its community members.

As County Commissioners we call upon the citizens, government agencies, public and private institutions, businesses and schools in Adair County to come together to promote positive mental health. Working together we can make a difference and be a light of hope for others.

Stan Pickens

**Presiding Commissioner** 

William J. King

1st District Commissioner

Mark Thompson

2<sup>nd</sup> District Commissioner

Mack Showp, Son

