

**ADAIR COUNTY  
NEWSLETTER**



**AUGUST**

**2024**

## **AUGUST BIRTHDAYS**

<b>KIM KRIEGEL</b>	<b>8/3</b>	<b>GARY HUNTER</b>	<b>8/4</b>
<b>JAYDYN TIBERI-OROZCO</b>	<b>8/11</b>	<b>HOPE MILLER</b>	<b>8/12</b>
<b>WANDA SIZEMORE</b>	<b>8/13</b>	<b>ROBERT MCCARTY</b>	<b>8/19</b>
<b>KENT BRYANT</b>	<b>8/25</b>	<b>JOEY NICOL</b>	<b>8/30</b>
<b>MARY WALITSHEK</b>		<b>8/30</b>	

## **AUGUST ANNIVERSARIES**

<b>COLE ELSEA</b>	<b>1 YEAR</b>
<b>DAVID GORING</b>	<b>13 YEARS</b>
<b>SONJA HARDEN</b>	<b>15 YEARS</b>
<b>KELLY KOENIG</b>	<b>18 YEARS</b>
<b>DAVID MANNING</b>	<b>1 YEAR</b>
<b>ANDREW MITCHELL</b>	<b>1 YEAR</b>
<b>LISA OPAL</b>	<b>6 YEARS</b>
<b>BETTY SHAHAN</b>	<b>13 YEARS</b>
<b>DIANA THOMAS</b>	<b>10 YEARS</b>
<b>SCOTT VANWYE</b>	<b>22 YEARS</b>

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Don't forget school starts on August 20<sup>th</sup> this year. The tax-free period for school supplies is from Aug. 2-4<sup>th</sup>.

# AUGUST 2024 PRIMARY ELECTION

The Primary Election will be held on August 6, 2024

Polls are open from 6:00am – 7:00pm

This year's Primary Election allows Adair County residents the opportunity to pick the person that will represent their party for the General Election in November for: US Senator, Governor, Lt. Governor, Secretary of State, State Treasurer, Attorney General, US State Rep., State Rep., Circuit Judge, Associate Commissioners, Sherriff, Assessor, Public Administrator, Coroner, and Surveyor.

Voters that head to the polls for the August 6, 2024 Primary will have a choice between four different ballots:

1. Republican
2. Democratic
3. Libertarian
4. Non-Partisan (no candidates)

*Please Note:*

*The ballot you receive on election day will only include the candidates affiliated with the party selected, for the districts associated with your current residential address, along with any non-partisan ballot measures. Voters shall cast **only one(1)** ballot.*

## ABSENTEE VOTING

### Absentee Voting

**Absentee voting by mail** for the August 6th, 2024 Primary Election, begins June 25th.

Wednesday July 24, 2024 is the last day ballots can be requested to be mailed to voters. (Absentee ballots must be received before 7:00pm on Tuesday August 6, 2024)

**On site absentee voting** starts Tuesday June 25, 2024 and will continue thru Monday August 5, 2024 at the Adair County Annex Building during regular business hours which are 8:30-4:30 M-F.

Adair County Annex Building  
300 North Franklin Street  
Kirksville MO 63501

And as they say in Chicago, "Vote early and vote often".

Many historical events have taken place in August, including:

- August 3, 1492: Christopher Columbus set sail
- August, 1945: The United States dropped atomic bombs on Hiroshima and Nagasaki, destroying the cities
- August 6, 1965: The Voting Rights Act was passed
- August 11, 1841: Frederick Douglass gave his first anti-slavery speech
- August 16, 1896: The Gold Rush began
- August 18, 1920: The 19th Amendment was ratified, giving women the right to vote in the United States
- August 24, AD 79: Mount Vesuvius destroyed Pompeii
- August 10, 1792: During the French Revolution, King Louis XVI and Marie-Antoinette were imprisoned, effectively overthrowing the monarchy
- August 3, 1974, Melinda Sweeney was born.



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## REPORTING A CLAIM

### A QUICK GUIDE TO CLAIM REPORTING

**If emergency treatment is necessary, seek medical attention immediately.**

Please report the claim within 24 hours of the injury, by using one of the following Claim Reporting Options:

- Nurse Triage 24/7 Call-In- Reporting: (855)-342-6942

The 24/7 call-in service was launched with after-hours and weekend employees in mind, but can be used for any (and all) staff at the county's discretion. It's ideal for use immediately following a non-life-threatening emergency and provides prompt medical direction to your injured worker. For claims where the employee has already sought medical treatment, reporting should be done through the web service or by fax. The RN service is to assist in medical direction at the time of injury.

**When using this reporting option, a Registered Nurse will:**

- Telephonically triage the claim and make any necessary medical referrals.
  - Obtain the required information from the caller to complete an incident report (All calls are recorded).
  - Forward a copy of the report to 1) the CCMSI claims adjustor, and 2) the designated county contact. A third recipient can be requested.
  - Advise the caller that a CCMSI adjuster will be contacting the injured worker within 24 hours or the next business day.
- Online Web Reporting: If you don't have an online account set up, call Tom Dressler (CCMSI) @ (314)-418-5515. We encourage you to do this **BEFORE** you actually have a claim to file. It's a very easy process!
  - Fax Reporting: Fax the claim information directly to CCMSI at (314)-621-0345.



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CONTACT US

HOURS

Missouri Association of Counties  
 1648 East Elm Street  
 PO Box 234  
 Jefferson City, MO 65102-0234  
 P: 573-634-2120  
 F: 573-634-3549

Hours: 8-4:30 M-F  
 Closed all legal holidays.



I have dropped "NurseNow" MAC Trust cards off at all the County Offices. If you have not gotten one stop by my office and get one to keep with you in case you need it.

  
TELEPHONIC TRIAGE  
A product of CompAlliance



  
CCMSI

**IN THE EVENT OF A WORK INJURY, CONTACT YOUR SUPERVISOR AND CALL IMMEDIATELY:**

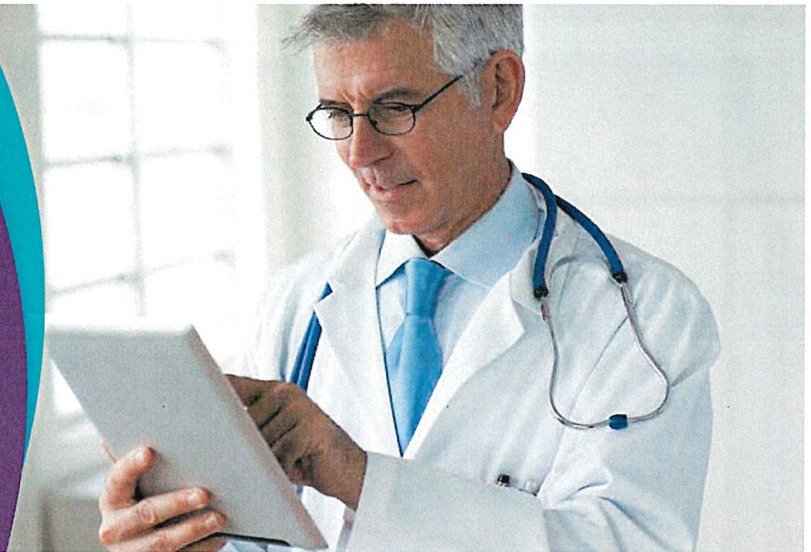
**Toll-Free: 855-342-6942**

**Available 24/7 Holidays and Weekends**



AVAILABLE NOW:

Access to a doctor  
anytime, anywhere



Log in to the **GBS web portal** and click the "Teladoc link for setting up your Teladoc account, completing your medical history, and requesting a consult. Once you're set up, a **Teladoc doctor is always just a click or call away.**

### GET THE CARE YOU NEED

Teladoc doctors can treat many medical conditions, including:

- Acid reflux
- Asthma
- Backache
- Blood Pressure issues
- Cough
- Eye Infection/Irritation
- Fever
- Headache/Migraine
- Joint Pain/Swelling
- Laryngitis
- Pink Eye
- Sore Throat
- Sprains and Strains
- And more!

### WHY TELADOC?

It is a convenient and affordable option for quality care.

- When you need care now
- If you're considering the ER or urgent care for a non-emergency issue
- On vacation, on a business trip, or away from home
- For short term prescription refills

Talk to a doctor anytime for free!

#### To log into Teladoc:

1. Log in to the GBS Member Portal ([mygbshealth.com](http://mygbshealth.com)).
2. On your portal account homepage, in the **Other Links** section near the bottom on the right-hand side, select **Teladoc**.
3. Follow the on-screen prompts to log in to Teladoc.

#### Support

**GBS member portal:**  
800-995-3569  
[customercare@mygbshealth.com](mailto:customercare@mygbshealth.com)

**Teladoc:**  
1-800-835-2362  
[help@teladoc.com](mailto:help@teladoc.com)



## REIMBURSABLE DEDUCTIBLE ALLOWANCE FAQs

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### WHAT IS THE REIMBURSABLE DEDUCTIBLE ALLOWANCE?

The Reimbursable Deductible Allowance (RDA) is a benefit built into your medical plan that reimburses you for payments you make toward your in-network medical deductible.

### WHAT EXPENSES ARE NOT ELIGIBLE FOR REIMBURSEMENT UNDER THE RDA?

The following expenses are ineligible for reimbursement under the RDA:

- Medical copays
- Prescription copays
- Coinsurance
- Out-of-network expenses, including copays
- Services not covered by the medical plan

### HOW DO I USE THE RDA BENEFIT?

After you've received treatment, your provider will send the claim to GBS to be processed. Once GBS has processed the claim, you will be sent an Explanation of Benefits (EOB) that outlines your financial responsibility.

After you've paid the amount that was applied to your deductible, collect your proof of payment in the form of:

- A cancelled check
- A credit card statement
- A bank statement
- An itemized paid invoice or receipt

Next, complete an RDA claim form and submit both the form and your proof of payment to GBS in one of the following ways:

- **Fax:** (417) 883-8261
- **Email:** [claims@gbsitpa.com](mailto:claims@gbsitpa.com)
- **Online:** [www.mygbshealth.com](http://www.mygbshealth.com)
- **Mail:** Group Benefit Services  
3810 E. Sunshine St., STE 200  
Springfield, MO 65809

When using the online option (above), select Contact Us (top of the page) to submit your documents via a secure message.

### CAN I USE MY FLEXIBLE SPENDING ACCOUNT BEFORE I USE MY RDA?

No, your RDA must be exhausted before you can use your Flexible Spending Account (FSA). This guideline is in accordance with Internal Revenue Service (IRS) regulations that govern FSA (Section 125) distribution.

### HOW LONG DO I HAVE TO SUBMIT A CLAIM FOR REIMBURSEMENT UNDER THE RDA BENEFIT?

The deadline to submit RDA claims is 90 days from the end of your benefit period. For example, if your medical plan deductible restarts on January 1 of each year, then you will have until March 31 to submit RDA claims from last year.

If your employment ends with your employer during the benefit period, you will have 90 days from your last day of employment to submit your RDA claim form(s) with proof(s) of payment for reimbursement under the RDA benefit.

### WHO CAN I CONTACT IF I HAVE QUESTIONS ABOUT THE RDA THAT ARE NOT LISTED HERE?

If you have any additional questions about the RDA, contact GBS M-F 8 a.m.-5 p.m. CT.

**Phone:** (800) 995-3569 | **Email:** [claims@gbsitpa.com](mailto:claims@gbsitpa.com) | **Online:** [www.mygbshealth.com](http://www.mygbshealth.com)