

ADAIR COUNTY

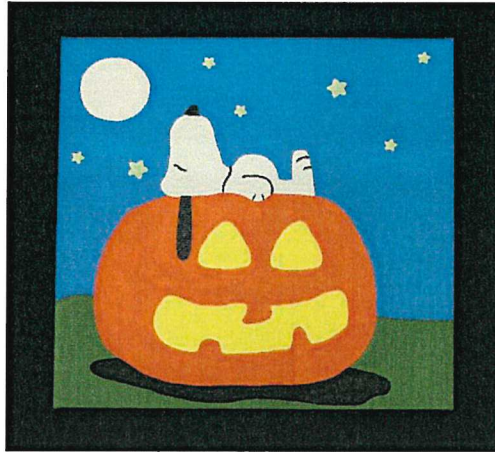


HOMECOMING



OCTOBER 2024

NEWSLETTER



OCTOBER BIRTHDAYS and ANNIVERSARIES

BETH LAMBERT	10/1	TAMMY KEY	10/1
DIANA THOMAS	10/5	TAMMY MILLER	10/7
JASON LENE	10/8	ANDREW MITCHELL	10/12
ABBIE MORRIS	10/16	DILLON SULLIVAN	10/17
COLE ELSEA	10/21	JOHNNY GUNNELS	10/21
LISA OPAL	10/25	HEATHER KELLEY	7 YEARS

WELCOME OUR NEW EMPLOYEES

PAYGE HUMPHREY/CORRECTIONS

ANGELA ALTHIDE/CLERKS OFFICE



NOTABLE DATES FOR OCTOBER

OCTOBER IS BREAST CANCER AWARENESS.
MONTH.



October 4th Kirksville Homecoming and Parade.
Parade begins at 4 p.m.

October 5TH Oktoberfest 5 p.m. Downtown.

<https://www.facebook.com/sipdowntown>

October 5th FLATS ½ marathon.

October 14th is Columbus Day; the Courthouse will be closed.

October 19th is the Bologna Fest.

October 26th is Truman Homecoming. Parade begins at 9 a.m.

October 31st is Halloween.

The English word 'Halloween' comes from "All Hallows' Eve", being the evening before the Christian holy days of All Hallows' Day (All Saints' Day) on 1 November and All Souls' Day on 2 November.

This month I would like to talk a little about our County Health Plan. Our plan is self-funded and over the last few years, since Covid, costs have skyrocketed. To help keep costs down GBS has implemented a prescription drug plan, through mail order, to help save as much as 70% on the cost of medications. This saves all of us money since our insurance is self-funded. With costs going up so high there is the possibility that premiums will go up. To counter this, we are asking that everyone that takes medication for a chronic condition start getting their meds through the mail order service. I have heard it is not without its hiccups but the money you save will be yours. I will attach the flyer for this service at the end of this newsletter. If you are having problems getting your meds with this service come see me. Below is a little explanation of what a "Self-Funded" plan is.

What is Self-Funding? A Self-Funded, or Self-Insured plan, is one in which the employer assumes the financial risk for providing health care benefits to its employees. In practical terms, Self-Insured employers pay for claims out-of-pocket as they are presented instead of paying a pre-determined premium to an insurance carrier for a Fully Insured plan. Typically, a self-insured employer will set up a special trust fund to earmark money (corporate and employee contributions) to pay incurred claims.

What is a TPA? Our third-party administrator (GBS) is an entity that processes or adjudicates claims for an employee benefit plan. A TPA may provide additional services to an employee benefit plan or employer, such as collecting premiums, contracting for PPO services, providing utilization review of claims, and similar ancillary services to the operation of the employee benefit plan. Self-insured employers can either administer the claims in-house or subcontract this service to a TPA.

On Monday November 25th, LAGERS will be at the Annex at 10:30 to discuss the benefits we receive when we are vested. AFLAC will also be here on Nov 14th for open enrollment. There will be flyers for these next month.

The History Place™

This Month in History

October 1, 1908 - Henry Ford's Model T, a "universal car" designed for the masses, went on sale for the first time.

October 1, 1938 - Hitler's troops occupied the Sudetenland portion of Czechoslovakia. In an effort to avoid war, the leaders of Britain and France had agreed to cede the German-speaking area to Hitler, who later broke the agreement and occupied all of Czechoslovakia.

October 3, 1863 - President Abraham Lincoln issued a proclamation designating the last Thursday in November as Thanksgiving Day.

October 4, 1957 - The Space Age began as the Russians launched the first satellite into orbit. Sputnik I weighed just 184 lbs. and transmitted a beeping radio signal for 21 days. The remarkable accomplishment by Soviet Russia sent a shockwave through the American political leadership resulting in U.S. efforts to be the first on the moon.

October 6, 1949 - "Tokyo Rose" (Iva Toguri d'Aquino) was sentenced in San Francisco to 10 years imprisonment and fined \$10,000 for treason. She had broadcast music and Japanese propaganda to American troops in the Pacific during World War II. She was pardoned by President Gerald Ford in 1977.

October 8

October 8, 1918 - During World War I in the Argonne Forest in France, U.S. Sergeant Alvin C. York single-handedly took out a German machine-gun battalion, killing over a dozen and capturing 132. He was later awarded the Medal of Honor and the French Croix de Guerre.

Birthday - American fighter pilot Ace Eddie Rickenbacker (1890-1973) was born in Columbus, Ohio. He commanded the first U.S. aero unit to take part in World War I and was credited with 26 victories, becoming America's leading Ace. He was awarded the Medal of Honor. He later got involved in auto racing and headed Eastern Air Lines from 1934-63.

October 10, 1973 - Spiro T. Agnew (1918-1996) resigned the office of Vice President of the United States amid charges of income tax evasion on illegal payments allegedly received while he was governor of Maryland and after he became Vice President. He was later given a \$10,000 fine and sentenced to serve three years probation. He was succeeded as Vice President by Gerald R. Ford, who went on to become President after the resignation of Richard M. Nixon.

October 12, 1492 - After a 33-day voyage, Christopher Columbus made his first landfall in the New World in the Bahamas. He named the first land sighted as El Salvador, claiming it in the name of the Spanish Crown. Columbus was seeking a western sea route from Europe to Asia and believed he had found an island of the Indies. He thus called the first island natives he met, 'Indians.'

October 14

October 14, 1933 - Nazi Germany announced its withdrawal from the League of Nations and stated it would take no further part in the Geneva Disarmament Conference.

October 14, 1947 - U.S. Air Force Captain Chuck Yeager became the first man to break the sound barrier, flying in a rocket-powered research aircraft.

Birthday - Dwight D. Eisenhower (1890-1969) the 34th U.S. President was born in Denison, Texas. He served two terms as President, from January 20, 1953 to January 20, 1961. Nicknamed "Ike," he was a West Point graduate and career Army officer who became Supreme Commander of the Allied Forces in Europe during World War II. He held the rank of Five-star General of the Army.

October 16, 1793 - Queen Marie Antoinette was beheaded during the Reign of Terror following the French Revolution. She was the wife of King Louis XVI and had become the symbol of the people's hatred for the old regime due to her extravagance and frivolity. According to legend, she responded, "Let them eat cake," when told poor people had no bread.

October 17, 1777 - During the American Revolutionary War, British General John Burgoyne and his entire army of 5,700 men surrendered to American General Horatio Gates after the Battle of Saratoga, the first big American victory.

October 17-25, 1944 - The Battle of Leyte Gulf, the largest naval battle in history, took place off the Philippine Islands, during World War II in the Pacific. The battle involved 216 U.S. warships and 64 Japanese ships and resulted in the destruction of

the Japanese Navy including the Japanese Battleship *Musashi*, one of the largest ever built.

October 20, 1944 - During World War II in the Pacific, General Douglas MacArthur set foot on Philippine soil for the first time since his escape in 1942, fulfilling his promise, "I shall return."

October 21, 1944 - During World War II in Europe, American troops captured Aachen in western Germany after a week of hard fighting. It was the first large German city taken by the Allies.

October 22, 1979 - The exiled Shah of Iran arrived in the United States for medical treatment. A few weeks later, Iranian militants seized the U.S. Embassy in Tehran and took 66 Americans hostage. They demanded the return of the Shah for trial. The U.S. refused. The Shah died of cancer in July of 1980. The hostages were freed in January of 1981.

October 23, 1942 - British General Bernard Montgomery launched a major offensive against German forces under Erwin Rommel at El Alamein, Egypt.

October 24, 1931 - Chicago gangster "Scarface" Al Capone was sentenced to 11 years in jail for Federal income tax evasion. In 1934, he was transferred to Alcatraz prison near San Francisco. He was paroled in 1939, suffering from syphilis. He retired to his mansion in Miami Beach where he died in 1947.

October 25-30, 1983 - The Caribbean island of Grenada was invaded by the U.S. to restore "order and democracy." Over 2,000 Marines and Army Rangers seized control after a political coup the previous week had made the island a "Soviet-Cuban colony," according to President Ronald Reagan.

October 26, 1881 - The shoot-out at the O.K. Corral in Tombstone, Arizona, occurred between the feuding Clanton and Earp families. Wyatt Earp, two of his brothers and "Doc" Holliday gunned down two Clantons and two others.

October 28, 1846 - The Donner Party departed Illinois heading for California. The group totaled 90 persons, including immigrants, families and businessmen, led by George and Jacob Donner. Tragedy later struck as they became stranded in snow in the Sierras where famine and cannibalism took its toll. There were 48 survivors by the end of their journey in April of 1847.

October 28, 1919 - Prohibition began in the U.S. with the passage of the National Prohibition (Volstead) Act by Congress. Sales of drinks containing more than one half

of one percent of alcohol became illegal. Called a "noble experiment" by Herbert Hoover, prohibition last nearly 14 years and became highly profitable for organized crime which manufactured and sold liquor in saloons called speakeasies.

October 29, 1929 - The stock market crashed as over 16 million shares were dumped amid tumbling prices. The Great Depression followed in America, lasting until the outbreak of World War II.

October 30

Birthday - Admiral William "Bull" Halsey (1882-1959) was born in Elizabeth, New Jersey. He was the American fleet commander during World War II in the Pacific and played a leading role in the defeat of the Japanese. In 1942, he launched the Doolittle Raid, the first air raid on Japan. From 1942-44, he coordinated successful attacks on the Solomon Islands and New Guinea. In 1944, he led the U.S. fleet to victory at the Battle of Leyte Gulf, the largest naval battle in history.

October 31st - Halloween or All Hallow's Eve, an ancient celebration combining the Christian festival of All Saints with Pagan autumn festivals.

October 31, 1940 - The Battle of Britain concluded. Beginning on July 10, 1940, German bombers and fighters had attacked coastal targets, airfields, London and other cities, as a prelude to a Nazi invasion of England. British pilots in Spitfires and Hurricanes shot down over 1,700 German aircraft while losing 915 fighters. "Never in the field of human conflict was so much owed by so many to so few," declared Prime Minister Winston Churchill.

October 31, 1984 - Indian Prime Minister Indira Gandhi was assassinated by three Sikh members of her bodyguard while walking in the garden of her New Delhi home.

ABOUT THE **GBS NURSE NAVIGATORS PROGRAM**



You now have access to GBS Nurse Navigators through your health plan! Nurse Navigators connect you to high-quality care at affordable prices.

EXPERT GUIDANCE, ESSENTIAL SUPPORT

Your GBS Nurse Navigator (“Nurses”) team doesn’t just connect you to affordable, high-quality care. Learn more about the other services your Nurse Navigator team provides below.



Appointment Scheduling

Nurses can assist you with scheduling appointments as part of your prescribed treatment plan.



Education and Support

Nurses can provide education and support to you, your family, and your care support system.



Locating Specialists

Nurses can help you locate qualified specialists for second opinions on diagnosis or treatments.



Referrals to Enhanced Benefit Programs

Nurses can refer you to an available cost-saving program that is applicable to your care needs.



Help Understanding Diagnosis/Treatment(s)

Nurses can assist you in understanding a diagnosis or proposed treatment(s) for a variety of health conditions.

GBS NURSE NAVIGATORS

Monday-Friday, 8 a.m.–5 p.m. CT
1-888-364-3580



ABOUT THE GBS SPECIALTY Rx PROGRAM



If you're prescribed an expensive specialty medication, GBS can help you save money! The GBS Specialty Rx Program can fill these prescriptions with **no copay** (100% covered).*

SPECIALTY MED AT A REASONABLE PRICE

The GBS Specialty Rx Program provides health plan members with access to receive their specialty medications with **no copay**.* You can join this program in one of two ways:

1

CALL NURSE NAVIGATORS DIRECTLY

You can call your Nurses directly at 1-888-364-3580 and they will determine which prescription program (i.e. source) is best for you.

-OR-

2

NURSE NAVIGATORS CALL YOU

When Nurses are notified that you've been prescribed a specialty medication by your physician, our Nurses will call you directly to initiate the process.

GBS NURSE NAVIGATORS

Monday-Friday, 8 a.m.-5 p.m. CT
1-888-364-3580

*Not all plans cover these benefits at 100%. Review your Plan Document prior to receiving service(s).

